eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

■ **The word of the Lord.**

GOSPEL ACCLAMATION

Mt 4: 4

Praise to you, Lord Jesus Christ, king of endless glory! / No one lives on bread alone, / but on every word that comes from the mouth of God. / Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Mk 1: 12-15

A reading from the holy Gospel according to Mark

He was tempted by Satan, and the angels looked after him.

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

■ **The Gospel of the Lord.**

A SERVICE OF THE SOCIETY OF ST PAUL

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Breaking Open the Word

JOURNEYING WITH THE LORD

It is said that it's better to travel hopefully than to arrive. One element of the truth that underlies this saying is that it is the nature of life that we are continually on the move, that there is always another stage of the journey to be undertaken. As we begin this season of Lent the readings are filled with images of journeys, promises and hope. Noah's journey which began with trusting in the Lord's word and building an ark now comes to its conclusion. Having safely come to dry land another journey begins with a new word and promise of God's blessing and faithfulness towards all creation.

If it is true that we are called to walk towards the light it is also true that we are enabled to do so because God has already taken the first step towards us. Lent is a time when we rightly focus on the task of our on-going conversion but, lest we get discouraged, today's second reading and Gospel are timely reminders that we are not undertaking this journey alone. There is work to be done and Peter calls us to remember the responsibility that goes with our baptism. At the same time we are encouraged by the fact that Jesus has already gone where we hope to go and that not even the Dominations and Powers can really impede us. The testing that Jesus undergoes in the desert at the hands of Satan and his victory is a sign and promise that we too will overcome.

Christopher Monaghan CP

THE SAVING WORD

1ST SUNDAY OF LENT / B — 21 FEBRUARY 2021

FIRST READING

Gen 9: 8-15

A reading from the book of Genesis

I will recall the covenant between myself and you … the waters shall never again become a flood to destroy all flesh.

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

■ **The word of the Lord.**

RESPONSORIAL PSALM

Ps 24: 4-9. R. cf. v. 10

R. Your ways, O Lord, are love and truth to those who keep your covenant.

1. Lord, make me know your ways. / Lord, teach me your paths. / Make me walk in your truth, and teach me: / for you are God my saviour. **R.**

2. Remember your mercy, Lord, / and the love you have shown from of old. / In your love remember me, / because of your goodness, O Lord. **R.**

3. The Lord is good and upright. / He shows the path to those who stray, / he guides the humble in the right path; / he teaches his way to the poor. **R.**

SECOND READING

1 Pet 3: 18-22

A reading from the first letter of St Peter

The water of the flood is a type of the baptism which saves you now.

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of