

Alleluia, alleluia! / A people in darkness / have seen a great light: / a radiant dawn shines / on those lost in death. / Alleluia!

GOSPEL

Mk 1: 21-28

A reading from the holy Gospel according to Mark

This is a new kind of teaching that speaks with authority.

Jesus and his followers went as far as Capernaum, and as soon as the sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

■ **The Gospel of the Lord.**

Breaking Open the Word



THE SAVING WORD

FOURTH SUNDAY IN ORDINARY TIME / B

31 JANUARY 2021

WHAT COMES FROM WITHIN

At his death, Moses was praised because 'never since has there arisen a prophet in Israel like Moses, whom the LORD knew face to face' (Deuteronomy 34:10). He was the mediator between the people of Israel and the living God. They could not bear to be in God's presence for long at Horeb and so they had begged him to be the one to represent them and bring God's message back to them in ways they could understand. Today's first reading reminds the reader that Moses' mission was only the beginning of a larger mission that would be completed in the future. In the meantime, the people would have to wait for the promised prophet.

When Jesus began his ministry, his exorcisms, healing and teaching led his contemporaries to recognise his authority. The word for authority is ἐξουσία and it is a beautiful way of describing what others could see coming out of his very being. While Moses knew God face to face, it is clear that Jesus has something more because it comes from within. The demons have insight that we need to make our own – this is more than a prophet, this is the Holy One of God.

Paul continues his advice to the Corinthians reminding them we need to do more than simply proclaim that Jesus is the Holy One of God. Our proclamation is a great start, but it must be lived out in our daily lives. We are called to find the right balance between the attention we give to the Lord and our family commitments.

FIRST READING

Deut 18: 15-20

A reading from the book of Deuteronomy

I will put my words into the prophet's mouth, and he will tell them all I command.

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die." '

■ **The word of the Lord.**

RESPONSORIAL PSALM Ps 94: 1-2, 6-9. R. v. 9

R. If today you hear his voice harden not your hearts.

1. Come, ring out our joy to the Lord; / hail the rock who saves us. / Let us come before him, giving thanks, / with songs let us hail the Lord. **R.**

2. Come in; let us kneel and bend low; / let us kneel before the God who made us / for he is our God and we / the people who belong to his pasture, / the flock that is led by his hand. **R.**

3. O that today you would listen to his voice! / 'Harden not your hearts as at Meribah, / as on that day at Massah in the desert / when your fathers put me to the test; / when they tried me, though they saw my work.' **R.**



SECOND READING

1 Cor 7: 32-35

A reading from the first letter of St Paul to the Corinthians

The unmarried woman dedicates herself to the things of the Lord, that she might be holy.

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

■ **The word of the Lord.**

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